

## ERASMUS WEEK +

### FYHN - *Find Yourself in the Heart of Nature*



Over the last fifteen years, AEVISO PORTO has developed several Erasmus+ projects that greatly enrich the school experience of the entire Educational Community. This project, FYHN, aims to promote Nature and Sustainable Development and has as international partners - Poland, Turkey, Italy and Greece. In the week of March 7th to 11th, AEVISO welcomed its international partners in a total of 33 students and 14 teachers. The week began with the opening ceremony that also included the entities that make up our Educational Community: Parish Council, represented by its President, Dr. Patrícia Rapazote and the Parents Association, D. Sónia Valente and Mr. Holden Carvalho. In addition to the usual speeches and welcome wishes, we enriched the presentation with the performances of our students in the articulated teaching of music and dance. The Erasmus+ partner schools made their respective countries and school realities known. The coffee break was served by students from the Leonardo Coimbra School. The morning ended with a visit to the facilities of the EB do Viso: gymnasium, canteen, buffet, Science and Physical Chemistry laboratories, Library/Resources Center, computer lab, classrooms, arts rooms, Directorate, teachers' lounge and secretary.

In the afternoon, activities started with some traditional games. The spirit was one of conviviality and fraternization. Three workshops followed: one on composting and vermicomposting promoted by an AEVISO partner, LIPOR, another on the construction of bird feeders promoted by teacher Sílvia Portela and a third from STEAM (Science, Technology, Engineering, Art and Mathematics) given by the person responsible for our

Science A3 club, teacher Paula Gomes and assisted by students, Luciana Parelho, Leonor Queiroz and Matilde Queiroz.

Tuesday was dedicated to getting to know our city, classified in 1996 as a UNESCO world heritage site. We highlighted its history and presented many of its emblematic monuments: Torre and Igreja dos Clérigos, Porto City Hall, Avenida dos Aliados, São Bento Station, D. Luís Bridge, Cathedral, Igreja dos Grilos and Ribeira. In the afternoon, the visit extended along the Douro River in a pleasant boat ride and, finally, we got to know the World of Discoveries (the interactive museum that highlights the Portuguese role in the great adventure of Discoveries).

On Wednesday morning, we did two workshops, one to transform a worn t-shirt into a useful shopping bag and another where we played games on the 3 R's policy – Reduce, Reuse and Recycle. In the afternoon, we visited the Water Pavilion, city park and Sea Life. We learned the importance of water and aquatic biodiversity.

Thursday was dedicated to the Biológico Parque in Gaia, a permanent center for environmental education that introduces the region's ecosystems and where visitors can enjoy a 3-kilometre journey to discover nature.

On our last day, Friday, the morning was dedicated to the preparation of presentations about the week and the Erasmus+ experience. The night was marked by the farewell dinner. A dinner **marked** by Portuguese gastronomy and was guided by words of thanks, satisfaction for the experience lived and already longing for the friendships made.

We leave you the photographic record of that intense week of awareness for the preservation of Nature and the promotion of sustainable citizenship, meeting cultures and new friendships.

Club Visa+